



**POPULATION
HEALTH TRUST**
ADVISORY COMMITTEE

Board of Health
Ron Wesen, Chair
Lisa Janicki, Commissioner
Kenneth Dahlstedt, Commissioner

PHT Membership Meeting
Thursday February 1, 2018 from 8:30am-10:30am
Skagit Transit Community Room

Members: Bill Henkel, Carol Hawk, Chris Johnston, Colleen Pacheco, Debra Lancaster, Diane Smith, Don McDermott, Howard Leibrand, Jennifer Sass-Walton, Jennifer Johnson, Joanne Lynn, Kari Ranten, Ken Lawson, Liz McNett Crowl, Liz Lovelett, Margaret Rojas, Mary McGoffin, Mary Ellen Lykins, Maureen Pettitt, Michael Sharp, Phil Brockman, Randy Elde, Scott Hale, Stacy Phelps & Stephanie Morgareidge

Staff: Kristen Ekstran, David Jefferson, Lea Hamner and Mel Pedrosa

Regrets: Barbara Juarez, Cheryl Rasar, Connie Davis, John Sternlicht, Kevin Murphy & Sonia Garza

- **Welcome, Review Agenda & Approve Previous Notes**
- **Welcome New Members & Introductions of Current Trust Members**
- **Mayor's Mental Health Wellness Initiative**-Mayor Jill Boudreau
Mayor Boudreau shared the back ground of the [Mayor's Wellness Challenge](#) timeline from inception in 2012 to the current initiative for the Mental Health Wellness Program in Mount Vernon. This initiative will include various activities and events centered around mental health in daily life, and provide awareness and education in the activity. Mayor Boudreau shared that the City currently has a social worker embedded in the Mount Vernon Police Department, and this position has communicated the needs and issues in Mount Vernon that she has experienced.
 - 02/13 MV Library hosting a discussion titled "Changing the Tide on Opioid Use in Skagit County" at 6:30pm, presented by Kristen Ekstran, Howard Leibrand & Randy Elde
- **Recognitions**
 - Mary Ellen recognized the collaborative effort between Head Start, Skagit Valley College, and Children's Council of Skagit County that funded 29 students for higher education opportunities
 - Debra recognized the [Spotlight Film Festival](#) beginning February 15th through March 22nd. These films will be shown at the [Lincoln Theater](#), and admission is free.
- **Steering Committee Report**
Carol shared on the current work of the Steering Committee, including:
 - ✓ current work on the Skagit Council of Government Housing Action Report with Trust alignment, endorsement, and adoption and the draft of a white paper from the Trust.

- ✓ Increased collaboration with the Board of Health, and how to bridge the relationship appropriately.
- ✓ Secure Medicine Return Ordinance, the current climate and status of this work.

David shared with the group, if there are desired items and topics for further discussion at the Steering Committee Meeting please submit to David and it can be added to the upcoming agendas.

- **New Needle Exchange & Opioid-related Death Data**

Lea shared the data from the Needle Exchange bus, as well as the current Death Data submitted by the Skagit County Coroner on a topographical map to show the hot spots in the County.

Needle Exchange Data

This survey is conducted by the Phoenix Recovery Needle Exchange Staff over a 1 month period in the summer, on a voluntary basis. No identifying information is collected, and they are given the opportunity to decline any question. The data given was collected from 2015 & 2017.

Opioid-related Death Data

This data was collected from 2013-2017.

The group agrees this is helpful data, and appreciates the breakdown per year.

Comments

- Liz Lovelett suggested we include the cost analysis between opioid use disorder and emergency department care

- **Secure Medicine Return Ordinance**

Joanne shared on the upcoming events in regard to this ordinance process.

- Board of Health presentation on Monday Feb 5th
- Public Comment period 1/29th-2/20th
- Public Hearing is scheduled for Feb 21st

David will provide the FAQ page and a small slide deck for the members to share with their constituents via email.

- **Terry Belcoe Award**

Debra shared that Nomination advertisements have been posted in the Skagit Valley Herald, North Coast Credit Union, and United Way sites. The presentation event will take place March 27th, located at the Northwest Career & Technical Academy. Registration link will be forwarded as soon as available.

- **Maternal & Child Health**

Mary Ellen shared an update on the recently launched First 1K Days workgroup.

- The group launched on January 23rd, and will continue to meet every three weeks for the next few months.
- 25+ attendees participated, clarified roles, goals and timeline, assessed on what is currently working in the community and created a list of potential members that were missing at the launch.
- The next meeting is scheduled for February 13th from 9:00am-11:00am, located at the Skagit Transit Community Room.

- **Skagit Council of Governments Housing Report**

The white paper approved by the Trust at the previous meeting is currently in process and a draft will be available for review by the Membership at the March 1st meeting.

David will open the survey to the membership again, in order to receive feedback and input on the impacts of housing through a health lens in the sectors represented at this table.

- **Closing Comments & Summary**

- Stephanie shared on the [Starts with One](#) Campaign regarding opioids. This campaign is through DSHS, and locally endorsed by the Public Hospital District #304
- Howard shared that he has experienced a noticeable change in public awareness of opioid overuse, and an increase in pain management alternatives

Summary

- ✓ New Membership welcome
- ✓ Mayor Mental Health Wellness Initiative
- ✓ Continuing work of the OWLT, in depth, and actionable items
- ✓ Advocacy for Secure Medicine Return Ordinance
- ✓ Nomination discussion for the Terry Belcoe Award
- ✓ Feb 13th Board of Health Awards for previous members and presentation of new members